



# From MAC's Executive Director Training & Engagement Program Manager

**Meet MAC's Spring Intern** 

**MAC Book Club** 

### **News from the Field**

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- National Latin@ Network: Latina Immigrant Women and Children's Well-Being and Access to Services After Detention Report
- National Crime Victim Law Institute: New Post-Conviction Resources
- Minnesota Elder Justice Center: Sponsorship Opportunities Available for the 2019 MN World Elder Abuse Awareness Day Conference
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# Spotlight on Members: Southern Valley Alliance for Battered Women

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**About MAC** 

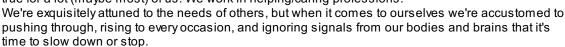


Dear MAC Members and Allies,

Don't be worried that this month's update is from me and not Bobbi. MAC has not had a sudden change in leadership and Bobbi is still our fearless (and excellent) leader.

Like so many of us stuck in the middle of cold and flu season, Bobbi has been out sick for a few days. This morning she texted the MAC staff a laundry list of tasks she planned to accomplish from home. Our response was immediate. "Don't you DARE work today!" Julia texted. "Put away your laptop RIGHT THIS MINUTE," Amee said. "It's your job to rest and recuperate!" I texted.

A little secret for you—Bobbi is wonderful at caring for the needs of everyone around her but not so great at taking care of herself. This is true for a lot (maybe most) of us. We work in helping/caring professions.



I once worked for an organization where it was the workplace culture to completely disregard our own needs, even when we were sick. It wasn't unusual to have a colleague come into the office with pneumonia or see someone run out of a meeting to throw up and then return as if nothing had happened. One of my favorite coworkers came to work with a severe concussion and argued with us when we tried to get her to go to the hospital. To admit we had physical, emotional, or mental needs was seen as being weak in this office culture. It took a toll on my colleagues and me. Burnout and vicarious trauma were largely universal among the staff and turnover was high. Some very talented and committed people walked away from this organization exhausted, depressed, and traumatized.

Thankfully, MAC is a bastion of support where everyone on staff understands that we're all human beings who sometimes get sick, need rest, and need kindness and support. But it doesn't make it any easier for a lot of us to slow down and ask for what we need. That's why I'm grateful for my coworkers at MAC. We watch out for each other and advocate for the self-care we all need to be happy, healthy people. Sometimes we even gently call each other out when it's necessary.

MAC has been talking a lot lately about trauma-informed organizational development and I'm excited about the <u>training opportunities that are coming up later this year</u>. But there's one simple thing you can do right now - vow to look after your coworkers. If someone seems exhausted, ill, sad, angry, or simply "off" in some way, take a minute to ask them how they're doing and what you can do to support them. Let them know that you care about their well-being. Give a hug if it's welcome. Write a little note of encouragement. If you're a supervisor and have a sick employee, if at all possible send them home to recuperate. Help to create a culture of caring and compassion and you'll develop a workplace that's happier, healthier, and more productive.

Cheers,

Danielle Kluz Program Manager - Training and Engagement





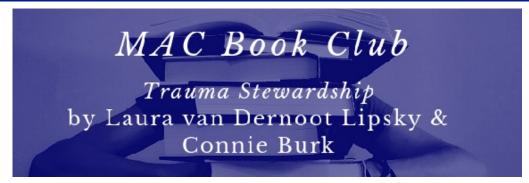
Hello MAC members!

My name is Tess Salen and I am currently a senior at Hamline University in St Paul. I am majoring in criminal justice/criminology with a minor in psychology. I am originally from Albertville, Minnesota (yes, where the outlet mall is!) but decided to go to school here in St. Paul because of the Criminal Justice Program at Hamline.

When I am not working or studying, you will most likely find me with a book in my hand or watching a John Hughes film from the 80s. My hobbies definitely include watching movies, but also teaching

myself how to play guitar, spending lots of time with my family, and hanging out with my close friends. Something interesting about me is that because goats are my favorite animal, I have done goat yoga before. That is when you practice yoga with a bunch of goats running around and jumping on you!

I am interning at MAC because I have a special interest in working with victims. I have had experience working directly with victims but wanted to learn more about the policy side as I think it is important to understand when working with victims. I look forward to soaking in everything I can in my time at MAC!



The first month of our <u>Trauma Stewardship</u> book club has been a huge success! We've had some wonderful conversations at MAC. This March, we're getting into part two of *Trauma Stewardship*, where we'll begin mapping our responses to trauma exposure.

If I'm being completely honest with you, I'm nervous about this segment of the book. It is so much easier for me to talk about trauma at the organizational and societal level. That's the kind of stuff I feel justified getting angry about. But I really don't like thinking about my personal relationship to trauma.



For example, last Sunday night someone broke into my apartment building and then the laundry room and stole half of my clothes out of my laundry bin. This was the second property theft I've experienced in eight months. (My car was stolen in June last year.) My response (BOTH TIMES) was "they must have needed it more than I did." I'm serious. Just ask my coworkers. I would much rather talk about the lack of free spaces to stay warm in the Minnesota winter than admit how devastated I was to find that this person took my favorite shirt and socks and half of my pairs of pants (pants are hard to buy!) or how scared I was that this person might be hiding in my apartment when I came back from changing over the laundry.

Because of this, I am so grateful to have Bobbi, Danielle, and Amee, who challenge me directly or through modeling to give myself the same compassion that I instinctively give other people, even (especially?) people who have harmed me. Case in point: at our first book discussion I asked the staff to come up with intentions to keep in their minds while reading the book. They shared their intentions this past Wednesday and I was blown away. *Honesty. Self-compassion. Remember everyone has a hand and a role to play. Non-judgment.* 

I'm keeping these intentions in mind as we venture into the next stage of our <a href="trauma-informed">trauma-informed</a>
<a href="leadership series">leadership series</a>, and I'd like to ask you to do the same. As you journey with us, I'd love for you to grab a post-it note, write down a few words or phrases that you can hold as your intentions for this journey, and stick it in the front of your book or on your bulletin board to remember.

Happy reading!

Julia Tindell
Program Manager - Training and Special Projects



# Advocates for Human Rights: New Labor Trafficking Protocol Guidelines Released

The Advocates for Human Rights has released new Labor Trafficking Protocol Guidelines to strengthen Minnesota's response to the labor trafficking of youth. The protocol guidelines are designed to help people and institutions respond to this serious human rights violation and are based on information collected from over 100 professionals and trafficking experts throughout Minnesota. <a href="Click here">Click here</a> to download.

# National Latin@ Network: Latina Immigrant Women and Children's Well-Being and Access to Services After Detention Report

This brief describes findings of a research study that seeks to understand the experiences of Latina women and their children when seeking asylum due to gender-based violence and to document the experiences of those who have been detained while seeking asylum for gender-based violence, the consequences of detention on survivors of violence, and post-detention service needs. <u>Click here</u> to download.

### National Crime Victim Law Institute: New Post-Conviction Resources

NCVLI has developed additional post-conviction resources for victims, including additions to the <u>Victims' Rights Enforcement Toolkit</u>, an online resource of accessible information to assist practitioners with understanding victims' rights, and provide practical tools to assist with asserting and seeking enforcement of the rights. Through a cooperative agreement from the Office for Victims of Crime, new tools for post-conviction victims' rights advocacy have been added to the Toolkit. Our newest tools to be viewed and downloaded: <u>Sample Cases: Thinking Broadly About</u>

<u>Restitution</u> and <u>Restitution: An Introduction to Key Concepts</u> (a video that includes survivor and advocate voices about restitution). Check out all of the tools in the <u>Toolkit</u> and be sure to check back for additions in the coming months.

# Minnesota Elder Justice Center: Sponsorship Opportunities Available for the 2019 MN World Elder Abuse Awareness Day Conference

The 2019 WEAAD Conference will be held on June 5, 2019 at Earle Brown Heritage Center in Brooklyn Park, MN. This full day conference is geared towards professionals working to prevent and effectively intervene in the abuse, neglect and financial exploitation of older and vulnerable adults.

Consider sponsoring this important event. As a sponsor you will be supporting the important work across fields to prevent elder abuse, neglect and financial exploitation. To become a sponsor, please review level options and submit the sponsorship form to Katie Behrens.

### MADD Minnesota: 2019 Statewide Recognition Awards Nominations

Mothers Against Drunk Driving Minnesota State Office is pleased to announce that we are now accepting nominations for the 2019 Statewide Recognition Awards. The goal of these awards is to highlight individuals who, in their work or daily lives, embrace MADD's mission to end drunk driving, help fight drugged driving, support the victims of these violent crimes, and prevent underage drinking. Nomination forms will be accepted through Friday, March 15th, 2019. Invitations will be sent to nominees/awardees and nominators in early April. All nominees and awardees will be recognized at the awards ceremony and luncheon to be held on Wednesday, May 14th, 2019 at the Earl Brown Heritage Center in Brooklyn Center. Click here for the nomination form.

# Office for Victims of Crime: New National Crime Victims' Rights Week Resources Available

This year's NCVRW Resource Guide theme artwork, theme poster, web artwork, and awareness posters are now available online. There is also a sample proclamation available. Use these tools to help your organization promote NCVRW and awareness about victims' rights and services. Click here for more information.

# Minnesota State Court Administration: Need to File Court Forms Online? Guide & File Can Help

<u>Guide & File</u> is a free online interview tool that helps clients and/or advocates prepare court forms. It asks clients questions and uses the answers to create documents for your case. The documents can be filed electronically or printed and filed at the courthouse, depending on the facts of the case. **This includes Orders for Protection and Harassment Restraining Orders**.

### Why Use Guide & File?

- It helps create court forms that are ready to be filed electronically or at the courthouse.
- It lets advocates and/or clients complete and file forms anytime, anywhere there's internet access.
- It explains complicated legal terms in a way everyone can understand.
- Step-by-step instructions, called Next Steps, are included in the tool

### Click here to download Guide & File brochure.



# SPOTLIGHT ON MEMBERS

Southern Valley Alliance for Battered Women Belle Plaine, MN



Southern Valley Alliance for Battered Women (SVABW) was honored to mentor four Shakopee CAPS Program students in the areas of public speaking and domestic violence awareness from October 2018 through January 2019. The Center for Advanced Professional Studies at Shakopee High School is an elective program for juniors and seniors that immerses students into authentic career experiences with the help of local business partners. Shakopee CAPS requires students to be active, independent learners and fosters empowerment, self-discovery, collaboration, and critical thinking skills. Students engage in a variety of opportunities including real problem and project-based learning, tours, and job shadowing experiences.

SVABW nicknamed these students "The Fab Four," since they embraced their chosen project by assisting with our Gifts of Hope event, distributing our "potty posters" with our 24-hour crisis line info to local businesses, and honed their public speaking skills in front of other students and community members to effectively communicate our mission to assist victims of domestic violence. We are so excited to see what these young people do in the future, and congratulate them on a job very well done.



Left to Right: Melanie Cabello, Desirah Annan, SVABW Community Relations Director Stephanie Smith, Jinda Ratsavongsy, and Visara Sok.

MAC wants to highlight your organization's amazing work! To spotlight your agency in our monthly newsletter, please email Danielle Kluz.





Please join the Minnesota Alliance on Crime for our

## Regional Meeting for Central Minnesota Member Programs

Thursday, March 7, 2019 1:00 to 3:30 pm

Anna Marie's Alliance St. Cloud, MN

The Minnesota Alliance on Crime (MAC) is convening a series of regional meetings for our members throughout the state. These meetings are an excellent opportunity for you to discuss emerging issues in your community, network with fellow members for enhanced collaboration, and to learn more about what's happening in other regions of the state and at MAC.

### **Comments from participants at January's Metro meeting:**

- "It was a great opportunity to meet other members of the coalition. Host more of these, please!"
- "This was my first time attending a MAC event and I enjoyed being able to connect with other members."
- "Great first meeting! Lots of good information shared."
- "Really great discussion about secondary trauma. And I liked getting know about other agencies."

Our second regional meeting will be held for members located in central Minnesota. We'd love to see at least one representative from each central Minnesota member program attend. MAC considers the following counties to be in central Minnesota (but if you're from another region you're very welcome to attend): Benton, Big Stone, Chisago, Crow Wing, Douglas, Grant, Isanti, Kanabec, Mille Lacs, Morrison, Otter Tail, Pine, Pope, Sherburne, Stearns, Stevens, Todd, Traverse, Wadena, Wilkin, and Wright.

MAC will provide mileage reimbursement for one vehicle per central Minnesota member organization traveling more than 30 miles one way to the meeting. Mileage reimbursement forms will be available at the training.

Please register by the end of the day on Tuesday, March 5, 2019 by clicking the button below.

Questions? Email Danielle.

Register today!

### Save the Date for Future Regional Membership Meetings

May 2: Northwest May 3: Northeast July 18: Southwest July 19: Southeast

We look forward to seeing our members throughout the year at the regional meetings and at the 2019 Annual Membership Meeting and Capacity Building Training on September 5-6 in St. Cloud!

# FREE Investigating Identity Theft Training for Law Enforcement Friday, March 29, 2019 8:30 am to 12:00 pm Wilder Foundation, 451 Lexington Ave. North, St. Paul, MN Trainer: Sean McClesky, Chief Investigator, Bexar County District Attorney's Office POST credits have been applied for. Sponsored by the Minnesota Alliance on Crime, the Department of Public Safety Office of Justice Programs, the Minnesota Chiefs of Police Association, and the Minnesota Sheriffs' Association

### Please share this training with your law enforcement partners!

In this presentation, Sean McCleskey will train patrol officers in identity theft response, including practical methods for identifying and investigating this pervasive crime. Calling on years of personal investigative experience and institutional knowledge, McCleskey will give concrete examples and help patrol officers to learn what to look for and how to use it to support a case against perpetrators of identity theft. **POST credits have been applied for.** 

- MAC will **reimburse one night's lodging** at the Best Western Plus Capitol Ridge (at the rate of \$135 per night) for attendees <u>more than 150 miles roundtrip</u> to to attend. **Reservations must be made by Friday, March 1, 2019.**
- MAC will reimburse mileage at the rate of .58 per mile for those traveling more than 150 miles roundtrip.

Law enforcement has preference for registration, but community partners may be added to a waiting list if they would like to attend the training. To be added to the waiting list, please email Julia Tindell.

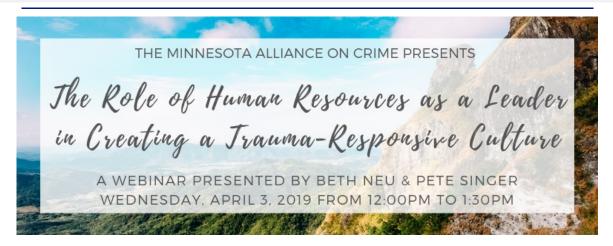
### Registration Deadline:

Friday, March 22, 2019

### **About the Trainer:**

R. Sean McCleskey is the Chief Investigator for the <u>Bexar County District Attorney's Office</u>, Criminal Investigative Division. Prior to this position, Sean served as a deputy with the Bexar County Sheriff's Office (BCSO), Intelligence Unit, coordinating the collection and dissemination of information related to gang activity. He also served in BCSO Reserve Unit, East Patrol Division. Sean also served as a special agent with the United States Secret Service until his retirement in 2015.

Register Today



# Join Us for the Second Part of MAC's Trauma Informed Leadership Series!

Trauma impacts human resources. Whether it is primary trauma exposure at work, on-the job secondary trauma exposure, or adverse/traumatic experiences from outside work that affects

performance, supervisors and HR personnel deal with the effects of trauma on a regular basis.

This webinar gives an overview of trauma and the principles of trauma-informed practice. It presents ways to assess organizational readiness to implement trauma-informed practices and practical strategies for HR and other organizational leaders to lay the groundwork for increasing trauma-informed practices. It then applies these principles to HR roles throughout the employment cycle, from pre-employment, to onboarding, to development and performance management during continued employment, to offboarding.

This training is *open to all* interested in participating but we especially encourage HR personnel, managers, supervisors, and executive directors to register.

MAC has applied for 1.5 standard CLE credits for this webinar.

### **About the Presenters:**

**Beth Neu**, MHRM, is the Manager of Human Resources and Organizational Effectiveness for YouthLink, which works with youth experiencing homelessness ages 16 to 23. Prior to that, Beth worked for Jeff Anderson and Associates, a law firm dedicated to justice for child sex abuse survivors. In both roles, Beth developed trauma-responsive policies and procedures to meet the needs of both the organizations and staff she supported in her HR role.

**Pete Singer** is a Licensed Independent Clinical Social Worker with 28 years experience in a variety of settings, including residential, home-based, outpatient psychotherapy, schools, and management. His counseling practice focuses on children who have experienced trauma, and he trains and consults with legal, education, and health systems on development and implementation of trauma-informed practice.

**Click Here to Register** 

### Other Trainings, Webinars, and Conferences

Building a Bridge to Compliance: How to Improve Outcomes for Defendants and Victims Through Enhanced Problem-Solving Court Models

**Sponsored by the Center for Court Innovation** 

Webinar | March 5, 2018 | 2:00 to 3:30 pm

This webinar will look at innovative approaches to drug, domestic violence, and veteran issues that target aspects of defendant behavior and promote victim safety. Speakers will discuss implementation strategies, collaborative partnerships, enhanced services, victim-centered approaches, lessons learned, and how to rethink performance measures. Learn more.

### The Perils of Reform

Sponsored by the Vera Institute of Justice

Livestream | March 7, 2019 | 11:30 am to 12:30 pm

Tony Platt discusses how various criminal justice reforms have expanded rather than reduced the net of social control. He argues that the decisive shift to the right recently makes it an urgent necessity to articulate a strategic vision of structural reform and social justice—one that alleviates suffering, improves people's everyday lives, and profoundly changes the assumptions and governance of criminal justice. Learn more.

### 2019 Demand Change Project

**Sponsored by Breaking Free** 

In Person | March 8, 2019 | 9:00 am to 5:00 pm | Union Depot, St. Paul \$89 per person

The Breaking Free Demand Change Project brings together local, national, and international leaders and experts in the anti-human trafficking movement for an interactive conference to end the demand for commercial sex. **Learn more**.

# Effectively Serving Survivors with Mental Health Disabilities Sponsored by the Vera Center on Victimization and Safety

Webinar | March 12, 2019 | 1:00-2:30 pm

This webinar will explore strategies for service providers when working with people with mental health disabilities as well as potential solutions to overcome common concerns and ensure access to a wide range of services for all survivors. **Learn more**.

# Online Q&A: Expanding Outreach to Victims of Identity Theft and Cybercrime Sponsored by the Office for Victims of Crime

Webinar | March 20, 2019 | 1:00 to 2:00 pm

An online Expert Q&A discussion with Hazel Heckers, the victim assistance coordinator with the

Colorado Bureau of Investigation. The National Identity Theft Victims Assistance Network seeks to expand and improve the outreach and capacity of victim service programs to address the rights and needs of victims of identity theft and cybercrime through a national network that enhances the capacity to provide assistance to victims and encourages expansion of existing victim service programs and coalitions. This session will provide guidance on improving and expanding service to identity theft victims. Learn more.

# **Lundy Bancroft Domestic Violence Training for Service Providers Sponsored by the Mid-Minnesota Women's Center**

In Person | March 21, 2019 | 1:00 to 4:00 pm | First Lutheran Church, Brainerd \$50 per person

Participants will gain in-depth knowledge of the multiple and complex factors associated with abuse and trauma, including understanding the effects of verbal/emotional, physical, sexual, and interpersonal violence; trauma and recovery in adults and children; identifying the short and long-term impact of domestic violence and sexual assault; and increasing professional collaboration efforts of community partners. Learn more.

# Nonfatal Intimate Partner Violence: The Special Role of Firearms Sponsored by the Battered Women's Justice Project

Webinar | March 21, 2019 | 1:30 to 2:30 pm

Firearms are the most common weapon used to kill an intimate partner in the U.S.. Less acknowledged is the role that guns play in intimate partner violence (IPV) that doesn't result in death. In this webinar two researchers who have worked with individuals, community groups, and government agencies will review key points about what is known about how guns are used in nonfatal IPV. The presentation will include research findings, discuss the use of firearms to threaten intimate partners, and address prevention. Learn more.

# Addressing Court-Related Barriers to Survivors' Economic Security Sponsored by Center for Survivor Agency and Justice

Webinar | March 27, 2019 | 11 am to 12:30 pm

Identify how court-related barriers to economic security show up for survivors, and how they manifest differently for underserved survivors. Describe individual survivor-centered consumer advocacy and legal remedies to address court-related barriers. **Learn more**.

# Are Intimate Partner Violence Risk Assessments Racially Biased? Sponsored by the Battered Women's Justice Project Webinar | March 28, 2019 | 2:00 to 3:30 pm

In this webinar, we explore the question of whether Intimate Partner Violence (IPV) risk assessments (RAs) are racially biased. We situate IPV RAs within the broader movement to assess risk, links to bail reform and changes in pretrial detention, and research examining claims of racial bias in RAs. We then review some of the case law regarding acceptable use of RAs at various points in the legal process. We next turn to the development of IPV RAs in the field of violence against women. We discuss how these tools work and some of the pros and cons of using them. Learn more.

# 13th Annual Restoring the Sacred Trails of Our Grandmothers Conference: Weaving Our Wisdom to End Gender-Based Violence

Sponsored by the Minnesota Indian Women's Sexual Assault Coalition, the Sacred Hoop Coalition, and Men as Peacemakers

In Person | April 17-19, 2019 | Minneapolis Marriott, Bloomington

Annual FREE conference focusing on collaborative work to end violence against Native women and girls. <u>Click here</u> to register. <u>Click here</u> if interested in submitting a workshop proposal.

### **2019 National Training Institute**

Sponsored by the National Center for Victims of Crime

In Person | December 4-6, 2019 | Denver, CO

Registration fees vary: register by April 30th to receive an early registration discount.

Improve your response to victims of crime through promising practices, current research, and effective programs and policies. Our multidisciplinary institute offers more than 80 victim-centered, practice-based, research-informed trainings to sharpen your skills, connect with peers, and reach across professions. Learn more.





# Let MAC help your organization get the word out about your training or event!

If you have a training or event to submit for inclusion in the MAC newsletter, please email the following to Danielle Kluz at <a href="mailto:danielle@mnallianceoncrime.org">danielle@mnallianceoncrime.org</a>:

- Training/event title
- Sponsoring agency/organization
- Date and time
- Location
- · Names of trainers/presenters
- Cost
- Brief description of training/event
- More info/how to register (web link preferred, will accept attachments)

Please send by the 28th of the month for inclusion in the following month's newsletter.





Click for the latest victim service employment opportunities in Minnesota.

If you have job postings you would like us to include in our monthly newsletter, please include the following information and email to Danielle Kluz at <a href="mailto:danielle@mnallianceoncrime.org">danielle@mnallianceoncrime.org</a> by the 28th of each month. If you have posted the position to the Minnesota Council of Nonprofits' website, you do not need to email it to us as we check their listings daily.

- Location
- Job title
- Organization name
- · Link to organization's website

- Link to the job posting
- Closing date



As always, if you have any suggestions for MAC, we welcome your input!

Bobbi Holtberg, Executive Director bobbi@mnallianceoncrime.org

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Julia Tindell, Training and Special Projects Program Manager julia@mnallianceoncrime.org

Otis Alexander, Chief Morale Officer

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The Minnesota Alliance on Crime connects systems, service providers, and victims to advance the response for victims of all crime. MAC is a membership coalition of more than 90 crime victim service providers in Minnesota, including prosecution-based victim/witness programs, community programs, law enforcement agencies, and individuals committed to supporting crime victims. We support our membership through training, technical assistance, resources, public policy and legislative initiatives, and networking opportunities.

For more information about MAC, go to www.mnallianceoncrime.org.

To join our coalition of crime victim service programs, click here.