### **Registration Form**

Please complete and return with registration fee by September 12, 2018. One form per registrant. There will be no on-site registration.

Registration Fee: \$75.00

(includes rolls/lunch afternoon break)

Vouchers/purchase orders accepted. Please indicate on this form if payment is sent electronically.

No credit cards accepted.

Name Organization Title Address City/State/Zip Phone Email Special dietary needs?

#### Please send registration form and payment to:

Vicki Walechka Le Sueur County Victim/Witness Program 88 South Park Avenue Le Center, MN 56057

> Phone: (507) 357-8512 Fax: (507) 357-8606

.S. Postage

454 West 6th Street

Soodhue County Court Admin. Return service requested

## **Twenty-Third Annual Domestic Violence** Conference



October 5, 2018

The Wilds Golf Club 3151 Wilds Ridge Prior Lake, MN

Sponsored by the **First Judicial District Domestic Violence Coordinating Council** 



### **Conference Agenda**

#### Friday, October 5, 2018:

8:00 to 8:30 am 8:30 am to 3:00 pm Registration
Conference Sessions

### **Keynote Speakers**

## Kirstin R. Lewis, M.ED. *Thriving in the Trenches*

Research suggests that constant exposure to the pain and suffering of others can come with a price for professionals who spend a significant part of their day listening to, reading about, or otherwise observing traumatic material. When you personally experience a traumatic event or exposed to someone else's pain, the brain responds in amazingly similar ways.

This training brings together the latest research on the impact of trauma exposure with simple, realistic techniques that can mitigate

the negative effects, improve personal wellbeing, and enhance professional longevity.

Kirstin R. Lewis is a probation officer with the Maricopa County Adult Probation Department, adjunct forensic psychology professor at Glendale Community College, and president of KSL Research, Training and Consultation, LLC.

In addition, Kirsten has been a pre-sentence investigation officer, acting supervisor, and staff development trainer.

With a background in research and over 25 years of experience in community corrections, Kirsten has spearheaded a groundbreaking research study examining secondary traumatic stress in probation offices as a result of working with criminal offenders. In addition, Kirsten created a national award-winning employee stress management program that better prepares employees for the emotional challenges of probation work, enhances protective coping strategies, minimizes the cumulative stress associated with longevity, and promotes a work culture that safeguards the welfare of officers.

Kirsten conducts a variety of trainings on the topic of traumatic stress and employee wellness with human service agencies around the country and has presented her work at conferences throughout the United States and abroad.

## Brittany Schneider Black and Blue

Brittany Schneider's husband, Office Shawn Schneider, was fatally shot while responding to a domestic violence call in Lake City, Minnesota, on December 19, 2011. Over the past five years, Brittany has spoken at numerous events, titling her work *Black and Blue*, and advocating for domestic violence awareness and change.

# Who Should Attend This Conference?

Advocates, attorneys, court personnel, judges, law enforcement, probation agents, prosecutors, and social workers.

CLE and CEU credits available. POST accreditation pending.

#### **Questions?**

Contact the First Judicial District Domestic Violence Coordinating Council at firstdistrictdvcouncil@gmail.com.

