In a few short weeks, many of us will sit around a dinner table with friends and family and share what we are thankful for. Some will share gratitude for, what society deems, a big thing and others will share gratitude for more simple things, that really aren’t simple or small at all.

In a time when manners are teetering on the edge of extinction and anxiety is on the rise, it is increasingly important to spend time expressing gratitude. I have found focusing on gratitude can negate feelings of resentment and entitlement, and foster feelings of positivity. Studies show that even months after writing a simple appreciation quote or journaling feelings of gratitude, people’s brains are still wired to feel especially thankful. This is because gratitude habits have a self-perpetuating nature. The more you practice gratitude, the more you can enjoy its many benefits, such as an overall feeling of well-being and happiness.

Nothing expresses appreciation and gratitude like a handwritten note to someone who has touched your life or whose presence in your life, makes each day a little brighter. Not only do these personal messages make you feel happier, but they foster positive feelings in the recipient. And that person is more likely to feel grateful and spread the kindness to others.

Gratitude seems to have a ripple effect that can improve the lives of so many, and it’s well worth the few minutes of time it takes to write down your feelings of gratefulness in a message to others. At the beginning of 2022, I decided to write at least one note of gratitude each week and send to someone so they knew the meaning they bring to my life.

So, consider this my handwritten note to all of you who have made my work life better, brighter, maybe even joyous! I am grateful every day that I do this work with so many incredible and dedicated advocates!
My challenge to you is to find ways to make that warm feeling of gratitude you experience around the table at Thanksgiving, last throughout the year!

With much gratitude for who you are and all you do!

In Peace,

Bobbi

Give to the MAX, November 17, 2022

Help us, help the helpers!

- In fiscal year 2022 MAC Provided over 80 hours of training for over 730 individual members, allies, and community groups and we fulfilled over 100 technical assistance requests from over 55 members and allied programs throughout Minnesota who work directly with crime victims across the state.

- The staff and board continued our planned work to ensure MAC is actively striving to be an anti-racist and anti-oppressive organization. Including hosting 12-hour workshops/webinars led by Healing Roots for member organizations across the state.

PLEASE CONSIDER A DONATION TODAY!

We assume that you and your organization will be fundraising up to and during Give to the MAX Day on November 17, 2022. MAC Will be sending out a number of social media posts and email blasts to various audiences, so for a few weeks you may be receiving a number of emails from us. We understand your priority is your organization and if the person working on your campaigns in interested in being in contact with kim@mnallianceoncrime.org we are planning on sending out member appeals through our various pages--inbetween our own scheduled posts.

From November 1st to December 1st (it also must crossover Give to the MAX Day on November 17th) we are hosting a Facebook Fundraiser contest. Anyone who participates is eligible for prizes. For more information and resources: mnallianceoncrime.org/gttmd

Most importantly THANK YOU for all that you do for victims of crime in Minnesota!
A new study by Lisa Goodman and colleagues at the Center for Victim Research examined the help-seeking behaviors of victims of intimate partner violence at crisis moments, when they are facing acute danger. This study explored survivors’ process of seeking help from network members, the outcomes of their efforts, and the contextual, interpersonal, and individual influences on that process. The authors have developed a summary for advocates that outlines their findings and recommendations. Click on the link to the library and then scroll down to “view/open”.

FUTURES Without Violence is immensely proud to share its new Love Letter to Survivors, posted just this week. "This powerful, moving video reminds people living with violence or abuse now, and those who survived it, that they are worthy of love, of joy, of thriving – that they are strong and resilient, and that tomorrow is within reach. By sharing the story of Farah and the seemingly simple steps – like connecting with an aunt and establishing routines with her children – that got her through, we hope to dismantle the notion that healing happens only after abuse ends. The video is a love letter and a reminder that hope and change are possible."  

Indigenous advocates representing Tribal coalitions, the Alliance of Tribal Coalitions to End Violence (ATCEV), the National Indigenous Women’s Resource Center (NIWRC), the Alaskan Native Women’s Resource Center (AKNWRC), and Pouhana ‘O Nā Wahine representing the Indigenous Hawaiian community, partnered with NNEDV to announce the launch of Many Voices Many Traditions, a FVPSA Toolkit for Working with Indigenous
Partners. This toolkit is designed to support the work of Family Violence Prevention and Services Act (FVPASA) state administrators and domestic violence coalitions as they engage, fund, and support underserved communities, including Indigenous Nations.

The Bureau of Justice Statistics published “Criminal Victimization, 2021” in September. This report presents official estimates of criminal victimizations reported and not reported to police from BJS’s National Crime Victimization Survey (NCVS). The report is the 49th in a series that began in 1973 and includes statistics on nonfatal violent (rape or sexual assault, robbery, aggravated assault, and simple assault) and property crimes (burglary or trespassing, motor vehicle theft, and other types of household theft). The report also describes the characteristics of crimes and victims. To access more NCVS data, see BJS’s National Crime Victimization Survey (NCVS) Dashboard (N-DASH) Tool.

The Minnesota Department of Health Center for Health Equity released a new Request for Proposals (RFP) for the Eliminating Health Disparities Initiative (EHDI), a grant program established to provide direct investments in organizations focused on improving the health and well-being of American Indians and people of color. Interested applicants should review the following RFP for funding details and application requirements: 2022 EHDI Grants Request for Proposals (PDF) Questions due: November 30, 2022 (optional). Applications due: December 19, 2022.

---

**regional meetings**

**MINNESOTA ALLIANCE ON CRIME**

**Regional Meetings**

**Northern Regional Meeting**
Tuesday, November 1st
1 pm to 3 pm

**Central Regional Meeting**
Tuesday, November 8th
9 am to 11 am

**Metro Regional Meeting**
Tuesday, November 22nd
1 pm to 3 pm

**Southern Regional Meeting**
Tuesday, November 29th
9 am to 11 am

To ensure the safety and accessibility of all of our members these meetings will take place online. All members are welcome and encouraged to attend any of the regional meetings.

[www.mnallianceoncrime.org/regionalmeetings2022/](http://www.mnallianceoncrime.org/regionalmeetings2022/)

The Minnesota Alliance on Crime (MAC) is convening online regional meetings in November 2022 for our members throughout the state. These FREE meetings are an excellent opportunity for you to discuss emerging issues in your community and to learn more about what’s happening in other regions of the state and at MAC. Your organization must be a current FY23 member to participate. For more information or
Register Now for Your Fall Online Regional Meeting:

**Northern Minnesota Regional Meeting**  
Tuesday, November 1st: 1 pm to 3 pm*

**Central Minnesota Regional Meeting**  
Tuesday, November 8th: 9 am to 11 am*

**Metro Regional Meeting**  
Tuesday, November 22nd: 1 pm to 3 pm*

**Southern Minnesota Regional Meeting**  
Tuesday, November 29th: 9 am to 11 am*

*MAC is committed to making these meetings accessible to all members. If you cannot attend your region’s date/time, please feel free to register for one that works for you!
Last chance to sign up for today's training!

Language Access Panel for Advocates

MayTong Chang
Transforming Generations

Mercedes Moreno
University of Minnesota (CUHCC)

Katie Romey
ThinkSelf

Erin Gardner
ThinkSelf

Hayad Abokar
Ramsey County

November 1st, 2022 at 11am to 1pm

Hosted virtually by the Minnesota Alliance on Crime and Violence Free Minnesota

Click here to register

Language Access for Advocates: A Panel Discussion
Tuesday November 1st, 2022
11am-1pm

The Minnesota Alliance on Crime and Violence Free Minnesota hosts MayTong Chang from Transforming Generations, Mercedes Moreno from University of Minnesota/Community-University Health Care Center (CUHCC), Hayad Abokar from Ramsey County, Katie Romey and Erin Gardner from ThinkSelf to discuss providing advocacy to survivors who do not speak the same language as you. Topics include, but not limited to:

- Access to interpretation
- How to work effectively with interpreters
- How to advocate for competent and sensitive translation
- The perils of advocates in dual roles as both interpreters and advocates
- How to make sure legal terms are accurately translated

Register today and submit your questions to the panelists!
The event is free for everyone.

The recording of the panel will be available exclusively for MAC members on the member page within a week after the event.

Advocacy and Mental Health Therapy

A cross-training between therapists and victim advocates to improve outcomes and reduce barriers

November 9th, 2022 at Noon to 1:30pm

Register for the webinar here
Wednesday, November 9th
Noon-1:30pm

The Minnesota Alliance on Crime and the Minnesota Center for Psychology (MCP) present a cross-training for both advocates and therapists. Victims and Others Impacted by Crime-Services (VOIC-S), is a new program of the Minnesota Center for Psychology that offers mental health therapy services to victims impacted by crime. VOIC-S consists of mental health professionals who are specially trained to work with victims of crime and trauma focused therapies. The program was designed with input from victim advocates who will work in partnership with the therapists to ensure that barriers to care are reduced.

This training is for advocates who would like to learn about the process of making a referral to MCP and how best to prepare a survivor for the therapeutic process. The training is also for therapists who will learn about the criminal, legal, and emotional processes the survivor must go through after the crime. The goal of the training is to share information between advocates and therapists to reduce barriers to therapy and improve outcomes.

This training is free for all to attend live, the recording of the event will be available exclusively for MAC members.

Click here to register

---

ADVOCACY BEYOND SENTENCING
A 4-Part Training Series

<table>
<thead>
<tr>
<th>December 7</th>
<th>December 14</th>
<th>January 4</th>
<th>January 11</th>
</tr>
</thead>
<tbody>
<tr>
<td>VINE and Haven</td>
<td>Advocacy During Supervision</td>
<td>Post-Conviction Crime Victim Rights</td>
<td>The Department of Corrections</td>
</tr>
</tbody>
</table>

Hosted by the Minnesota Alliance on Crime, the Crime Victim Justice Unit, and the Department of Corrections

This 4-part training series aims to increase advocates knowledge of victims rights, systems, and supervision post sentencing. The series is hosted by the Minnesota Alliance on Crime, the Crime Victim Justice Unit, and the Department of Corrections. Registration is free for all, you can use this form to sign up for any or all of the sessions. Recordings of the trainings will be posted on the MAC member page, accessible to MAC members only.

**Part 1: Wednesday, December 7th, Noon-1:00pm**
VINE and Haven: Understanding the two victim notification systems in Minnesota.

**Part 2: Wednesday, December 14th, Noon-1:30pm**
Advocacy During Supervision: Understanding the landscape of victim advocacy when the offender is under supervision.

**Part 3: Wednesday, January 4th, Noon-1:00pm**
Post-Conviction Crime Victim Rights: A close look at crime victim statutory rights from sentencing and beyond.

**Part 4: Wednesday, January 11th, Noon-1:30pm**
The Department of Corrections: Learning the systems, process, terminology, and places where victims and advocates connect

Click here to register
The January 2023 Fundamentals in Victim Services Training is a virtual training for victim advocates to develop core knowledge and skills to provide victim-centered services. By the end of this training, advocates will be able to:

- Understand the role of ongoing and historical trauma in victimization and develop skills for providing trauma-responsive advocacy to all victims of crime.
- Expand their understanding of vicarious trauma and strategies to build resilience for a sustainable career in victim services.
- Understand and examine their own Occupational Identity (OI) and identify strategies for cultivating healthy boundaries; and
- Describe key victims’ rights and know how to find more information to ensure that criminal legal systems professionals are meeting statutory obligations regarding crime victims;
- Recognize and interrogate the roles of bias, privilege, and oppression in victimization and advocacy;
- Identify and honor the unique and complementary roles of community-based and systems-based advocates;

Furthermore, training participants will have opportunities to connect with one another and with experienced professionals with a range of knowledge and skills.

**Expectations for the Virtual Format:**
Fundamentals in Victim Services will feature interactive modules to appeal to different styles of learning, with a combination of lecture, small group work in breakout sessions, and opportunities for individual reflection.

Modules will take place live via Zoom. Attendees will be expected to actively participate, using the chat to engage with presenters and other participants, and turning on cameras and unmuting during large group discussions and breakout sessions.

MAC will award a certificate of completion to attendees who complete all the modules. Participants are expected to complete all sessions live. If you cannot attend a live session, you must email us at training@mnallianceoncrime.org in advance to request an excused absence. Sessions may not be recorded.

We will apply for Continuing Legal Education (for attorneys) and Peace Officers Standings and Training (for law enforcement) credits by request. If you would like CLE or POST credits, please indicate this on your registration, or contact us at training@mnallianceoncrime.org by January 6, 2023.

Registration is free for MAC Member programs and $50 for non-members. Not sure your program is a member? Check here: https://www.mnallianceoncrime.org/our-member-programs/

*Registration will close Friday January 20, 2023 at 5 pm CT*

[Click here to register]
National Center for Victims of Crime present: Talking Circle Series: Broadening Your Circle of Support: Resources to Help Healing in Your Tribal Community. Wednesday, November 2, 2022, 12:00 p.m. to 1:15 p.m. Pacific Time | 3:00 to 4:15 p.m. Eastern Time. Register for a live, no cost Talking Circle webinar on Wednesday, November 2. Building and maintaining victim service programs require resources. Staff, program management, training, and funding are all necessary to sustain a tribal victim service program. Join a live webinar discussion on broadening your circle of support. More information and registration.

MCN presents: Collective Healing: Breaking the Cycle of White Supremacy. Monday, November 07, 2022, 01:00 PM - 03:30 PM. During this highly interactive multi-part training, participants will collectively look at how to break the cycle of white supremacy and take practical and sustained action towards equity. Participants will dig deep into how white supremacy shows up in people, organizations, systems, and self. In between sessions, participants will put into practice what they are learning and connect action to personal experience, including their work environment and relationships. More information and registration.

BIPOC advocates in the anti-trafficking field have often faced challenges that can cause burnout and question our role in this movement. Freedom Network USA presents a 2-day training designed to virtually convene advocates throughout the US and be in community with each other. November 8th & 9th, 2022 from 11:00 am-3 pm EST. More information and registration.

Centre for Collective Trauma are hosting their latest free webinar, Terrorism and Trauma: Beyond Survival, in its In Conversation webinar series in which guest speakers reflect on experiences of loss, trauma, resilience and longer-term survival. On Thursday, November 10 from 3:00 pm to 4:30 pm EST. More information and registration.

The MN Justice Research Center’s annual Re-Imagining Justice conference brings together practitioners, legal experts, scholars, and advocates to re-imagine a criminal legal system that functions more effectively, humanely, and with the public's trust. This year our theme is Building Bridges – Seeking Solutions and we will center powerful conversations seeking to understand – and find new solutions for – community safety, procedural justice, and justice beyond bars, to help continue to forge the path towards transforming our criminal legal system. The conference will be held on November 16th (Wed.) and 17th (Thurs.) with an in-person evening keynote and networking on Wednesday and virtual keynotes, plenaries, and breakout sessions on Thursday. More information here.

The Zero Abuse Project presents: Preparing Children for our Process: Finding the Balance. This training provides guidance on how to prepare children and families for the forensic interview process. Wednesday, November 16th, 2022 | 10:00 AM - 11:30 PM CST. This training provides guidance on how to prepare children and families for our process including the difference between minimal facts/field interviews and forensic interviews, orienting messages and other current challenges. More information and registration.
The LEAP (Leadership Education and Advancement for Professionals) Project is designed to be an interactive distance learning and comprehensive training and practicum experience with topics ranging from program development, working with boards, to finances and budgets. As a cohort member, LEAP Fellows will develop and enhance leadership and management skills to enable them to take upon and succeed in leadership/management roles in their organizations and in the movement to end gender-based violence. APPLICATION FOR LEAP COHORT 9 Due: November 18, 2022, 11:59 PM (PDT). More information and registration.

Apply Now for NCVRW CAP Funding. Since 1981, National Crime Victims’ Rights Week (NCVRW) has been a time to honor crime victims and survivors, recognize the work of the crime victims field, and raise public awareness about victims’ rights and services. To support your NCVRW efforts, consider applying for 2023 NCVRW Community Awareness Projects grants which will reimburse up to $5,000 in costs associated with conducting public awareness campaign activities during NCVRW, April 23–29, 2023. Apply by Friday, November 18, 2022, at 11:59 p.m., eastern time. More information and submission guidelines.

The Zero Abuse Project presents: Interviewing Children with Disabilities, Wednesday, November 30th, 2022 | 3:00 PM - 4:30 PM EST. In this presentation, rates of victimization of children with special needs are provided, factors that increase risk of abuse for children with disabilities are discussed, children’s abilities to recount information are described, and strategies for the investigative process are covered. More information and registration.

MN DOJ OJP presents: The Fundamentals on Victim Impact Statements: A free, virtual training opportunity! Wednesday, November 30th, 2022 12:00-1:00 PM Join MN DOJ OJP for a virtual workshop on Wednesday, November 30th, 2022, for the Fundamentals on Victim Impact Statements. Suzanne Elwell from the Crime Victim Justice Unit will provide an overview of victim impact statements and how they get processed and presented, with an emphasis on the important role of community-based and government-based advocates in educating victims and assisting them with preparing their statements. In addition, this presentation will touch on the ethical issues for prosecutors’ offices that arise with victim impact statements. There is no cost for this training, but registration is required. More information and registration.

Are you interested in presenting at the 2023 Crime Victim Law Conference? NCVLI is now accepting session proposals for the 2023 Conference to be held on June 7-9, in Portland, Oregon. SUBMISSION DEADLINE IS NOVEMBER 30, 2022. More submission guidelines.

The Zero Abuse Project presents: Adverse Childhood Experiences & Comprehensive Trauma-Informed Care (ACE-TIC). December 6-7, 2022 | 8:30AM-12:30PM CT. Who should be interested: Professionals who work with children and families, including educators and administrators, childcare providers, law enforcement, youth-serving organizations, health and human service providers, faith-based organizations, healthcare and victim advocates. More information and registration.

NOVA is excited to host its 2nd Annual Virtual Career Development Fair on December 13 - 15, 2022. This free event is an opportunity for students entering the workforce, professionals interested in a career change and advocates looking for professional growth. Both English and Spanish workshops will be provided and individuals will gain in-depth knowledge about the field of victim advocacy and crisis response, understand the variety of positions and organizations in which advocates serve, and have the opportunity to build connections with other aspiring advocates. A diverse group of agency partners with varied career paths will provide participants with information about their roles, lessons learned from their experience and how aspiring advocates and crisis responders might join in this important work. Sign up here.

The Zero Abuse Project presents: Advanced Skills for Prosecutors: New Year, New Utilization of Emerging Topics. December 15, 2022 | 10:00AM-5:30PM CT or December 16, 2022 | 8:00 AM-3:30PM CT. Who should be interested: Prosecutors, law enforcement, or other members of an MDT who want to build and expand on their existing knowledge of child abuse investigation and prosecution, ensuring they are ready to face the challenges brought on by complicated cases. This training will be offered twice with different start times to accommodate different time zones and alternate schedules. More information and registration.
Job openings from our members and partners:

**Esperanza United:**
- Culturally Specific Populations Grant Program Coordinator
- Director of Fund Development
- Executive Assistant to the President/CEO
- Family Advocate
- Health and Violence Prevention Coordinator
- Manager of Community Health and Wellness
- Program Assistant
- Training and TA Coordinator
- Youth Advocate

**Family Tree Clinic:**
- Various positions: https://www.familytreeclinic.org/about/work/

**MIWRC Open positions:**
- Nokomis Endaad Mental Health Professional
- Finance Director
- LADC
- Accountant (2 openings)

**MN Indian Women’s Sexual Assault Coalition (MIWSAC)**
- Various positions: www.miwsac.org/careers

**Violence Free MN**
- A number of positions and opportunities: https://www.vfmn.org/job-opportunities

As always, if you have any suggestions for MAC, we welcome your input!

Bobbi Holtberg, Executive Director
bobbi@mnallianceoncrime.org

Amee Krogfus, Program Director - Operations
amee@mnallianceoncrime.org

Kim Mongoven, Program Director - Communications and Development
kim@mnallianceoncrime.org

Becca Muskat, Program Director - Training
becca@mnallianceoncrime.org
advance the response for victims of all crime. MAC is a membership coalition of more than 90 crime victim service providers in Minnesota, including prosecution-based victim/witness programs, community programs, law enforcement agencies, and individuals committed to supporting crime victims. We support our membership through training, technical assistance, resources, public policy and legislative initiatives, and networking opportunities.

For more information about MAC, go to www.mnallianceoncrime.org.

To join our coalition of Minnesota crime victim service programs, click here.

To donate: www.mnallianceoncrime.org/donate/